

# NEWSLETTER

Last Friday the teachers had the pleasure of listening to educationalist David Didau. He spoke about how children learn and how we can best help children to transfer information to their long-term memories. It was interesting and got everyone thinking. He spoke about techniques we already use at school but perhaps could develop further such as retrieval practice, spaced learning and interleaving. The research that is linked to people overestimating what they can remember was particularly interesting.

This week Andy, from Maths Whizz, held another information session for parents. I found it helpful and hope the parents who attended did too. Miss Clarke has shared a link on Dojo for parents with some key information for those parents who missed it.

On Wednesday we explored why we have and celebrate 'Black History Month'. We found out about some important black people in British history who have not always been recognised and celebrated in the history books. We also discussed racism. The children have been asked to research any black people in history at home. I was delighted with the children who have come to see me to tell me what they have learnt.

We had an assembly to celebrate 'World Mental Health Day'. We explored ways to support our own wellbeing. We practised some deep breathing and followed this up today by listening to Ant and Dec's message about the importance of talking. See the safeguarding section for more details.

It was great to see so many of you attending Open Class this week and we look forward to welcoming you in next week for parent consultations.

**Cassie Pamplin**

## CERTIFICATES OF EXCELLENCE



**Maple Class:** Mhairi - For being an absolute superstar! Working hard and being a great friend!

**Rowan Class:** Bligh - For being an enthusiastic learner.

**Sycamore Class:** George - For having a resilient attitude and for being focused on his learning.

**Oak Class:** Freddy - For trying to hard in lessons and making fabulous contributions to discussion.

**Cherry Class:** Daisy - For always trying really hard, and for being an absolute pleasure to teach.

## SPORTS STAR

This week's Sports Stars is:



## STAR WRITERS



Maple Class: George

Rowan Class: Hugo

Sycamore Class: Barnaby

Oak Class: Esmae

Cherry Class: Martha

## VALUE CHAMPIONS



Maple Class: Mimi

Rowan Class: Connor

Sycamore Class: Clara

Oak Class: Will

Cherry Class: Oliver



# Portreath

## Primary School

### Safeguarding/Health and Safety

Please watch this short clip created by ITV 'Get Britain Talking campaign' which designed for parents/carers

<https://www.youtube.com/watch?v=C7401lp4a7A&t=5s>

In school we have shared the Ant and Dec clip:

<https://www.youtube.com/watch?v=k0otiWk5ThU>

To support your child please do the homework they suggest with them. The task is for your child to write or draw something they are worried about and then talk about it with a trusted adult at home.



### THOUGHT OF THE WEEK



### Supporting Wellbeing

In school we have discussed a range of ways to support own own wellbeing. Ask your child about this. Try the high breathing hand. To support your own wellbeing, as well as your child's, follow the 5 ways to wellbeing.



TALK & LISTEN,  
BE THERE,  
FEEL CONNECTED



DO WHAT YOU CAN,  
ENJOY WHAT YOU DO,  
MOVE YOUR MOOD



REMEMBER  
THE SIMPLE  
THINGS THAT  
GIVE YOU JOY



EMBRACE NEW  
EXPERIENCES,  
SEE OPPORTUNITIES,  
SURPRISE YOURSELF



Your time,  
your words,  
your presence

**HARVEST- Please drop off any donations to school next week for the FoodBank**



### Sports News

#### Croftly Cross Country Qualifiers

A huge well done to the children from Years 4,5 and 6 who travelled to Pool Academy on Monday afternoon to battle it out against other Croftly schools in the annual Cross country qualifier. It was a challenging race in the sunshine but the children showed great determination and Portreath featured strongly in each race. With 16 children qualifying for the Peninsula Final on 11th March, Portreath School placed 2nd overall – what an achievement!! Big thank you goes to Lizzie Gerrish and Alex Orme for their help.

#### Monster Kickabout – 9th October to 10th November

We kick started the week supporting the Primary School football initiative from Sports Direct and Nike, created to encourage more kids to take up football. Their goal is to help put the ALL back into football. They want ALL kids of ALL genders and ALL abilities to find their reason to LOVE the game and find the beginning of their football love stories.

This will continue at lunchtimes next week on the school field, spare footwear must be brought to take part:

**Monday – Girls only**

**Tuesday – KS1 only**

**Thursday – KS2 only**

**Friday – Boys only**



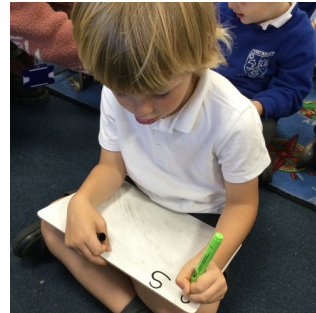
**KS2 Croftly Football Tournament**





# Portreath Primary School

## Maple Class



A busy week again for us in Maple. Many of our friends were still off with chicken pox, but we have been cleaning teeth, creating patterns, practicing our letters, making bird feeders and getting outside when we could.

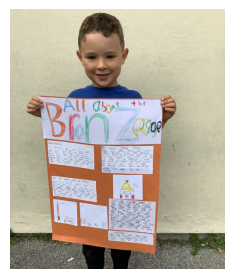
## Rowan Class



This week we have been writing up our instructions for our amazing concoctions. We have focused on using time adverbials and adjectives. We have also LOVED creating our own fruit salads and inviting our adults in to school to taste them 😊

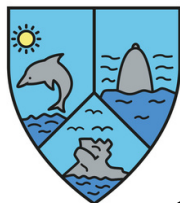


## Sycamore Class



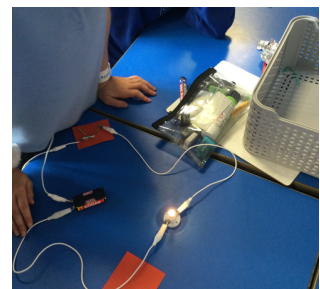
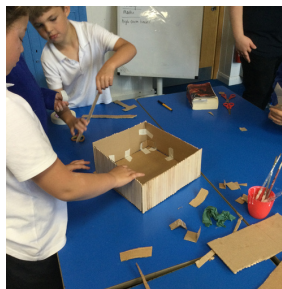
We have worked hard this week in Sycamore to publish our non-chronological reports about the Bronze Age. The children put so much effort into these and should be very proud of themselves! We have started to write poetry about Autumn and went on a senses hunt around the playground and field for inspiration. We also enjoyed getting creative in RE, where we produced artwork based on the question "What sort of world did Jesus want?".



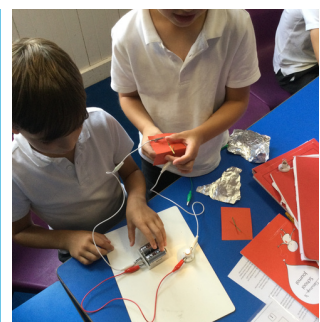


# Portreath Primary School

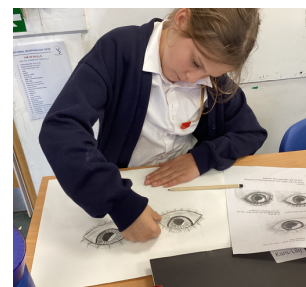
## Oak Class



We've had such a busy and creative week! In Science, we've followed on from our lesson about conductors and insulators, and made our own switches in a circuit! In music, we've been learning to playing the chime bars, and have improvised our own songs. And finally, what we've all been waiting for – we started making our Anglo-Saxon houses! They're looking great!



## Cherry Class



We have had fun in the sun completing a skipping challenge. We have been doing detailed sketches of eyes, inspired by the work of Antif A Kari. In English we have been writing our own autumn poems. On Wednesday we had a wonderful outdoor learning session with Miss Rundle.

### AFTER SCHOOL CLUBS

PLEASE NOTE ALL CLUBS INCLUDING BREAKFAST CLUB MUST NOW BE BOOKED & PAID IN ADVANCE ON PARENT PAY.

Breakfast by 9pm night before and After School Club by midday on the day.

Maths Whizz Club (free)  
Tuesday's and Wednesday's  
until 4:20pm

Monday	Sports Games - KS1 - Miss Cafe Sports Games - KS2 - Mrs Barnes
Tuesday	Craft Club - Miss Cafe Book/Homework club -Mrs Barnes Maths Whizz (free until 4:20pm) - Mrs Kerslake
Wednesday	Newspaper club - Mrs Barnes Maths Whizz (free until 4:20pm) Mrs Rosser
Thursday	Quiz / Games club - Mrs Barnes & Mrs Rosser
Friday	Wraparound - Mrs Barnes



# Portreath

## Primary School

### REMINDERS/INFORMATION

IF YOUR CHILD MISSED THEIR NASAL FLU VACCINATION, YOU CAN GO TO A CLINIC IN HALF TERM-CALL 01872 221105

### SKIPPING WORKSHOP

WEDNESDAY 18TH OCTOBER - ALL CLASSES WILL TAKE PART PLEASE CAN ALL CHILDREN COME INTO SCHOOL WEARING PE KIT AND SUITABLE FOOTWEAR.

MONDAY- SYCAMORE TRIP TO CHYSAUSTER

### Attendance

This week's attendance is as follows:

Maple Class - 67.3%

Rowan Class - 92.2%

Sycamore Class - 86.3%

Oak Class - 86%

Cherry Class - 96.1%

Whole school attendance for the year is currently is : 94%

### PE DAYS

Monday - Rowan

Tuesday - Sycamore

Thursday - Cherry

Thursday - Maple

Friday - Oak

Outdoor Learning on

Fridays for Rowan

### DATES

16th Oct - Sycamore Class to Chysauster  
w/c 16th Oct - Parent Consultations  
18th Oct - Skipping Workshop  
4th Dec - Open class 3:10-3:30pm  
11th Dec - HfC trip 'Peter Pan' Performance  
25th Jan - Open class 3:10-3:30pm  
w/c 5th Feb - Parent consultations  
26th Mar - Open class 3:10-3:30pm  
17th May - Open class 3:10-3:30pm  
10th June - Sports Day  
13th June - back up Sports Day  
17th July - Open class 3:10-3:30pm

### INSET DAYS

18th December 2023  
19th December 2023  
19th February 2024  
24th July 2024

### TERM DATES

Half Term - w/c 23rd October 2023  
Last Day Autumn Term - 15th December  
First Day Spring Term - 4th January 2024  
Half Term - w/c 12th February  
Last Day of Spring Term - 28th March  
First Day Summer Term - 15th April  
Bank Holiday - 6th May  
Half Term - w/c 27th May  
Last Day Summer Term - 23rd July

## Community News

### Wanted: digital piano

Do you have an old digital piano/keyboard to donate for music lessons? Is there a dusty one at home that's never played any more, with weighted/touch-sensitive keys? It could have a good home in the school to support our piano lessons. Drop me an email at [sender@cmst.co.uk](mailto:sender@cmst.co.uk). Thank you!



Join us for the FREE weekly  
**Community Catch Up—All welcome**  
Thursday's from 10:30 am – 12noon, St Mary's

2<sup>nd</sup> November: Catch up & Cake  
9th November: Old Photos of Portreath  
16th November: **Guest Speaker:**  
**Susan - Cornwall Butterfly Conservation**  
23rd November: **Christmas Garden Centre Trip**  
30th November: BINGO

WARMWELCOME  
PORTREATH

PORTREATH  
PARISH COUNCIL



LEVELLING UP  
Garfield Weston  
FOUNDATION

**GWEALAN TOPS**  
ADVENTURE PLAYGROUND

**OCTOBER HALF TERM**  
**MON 23 – FRI 27**  
**11AM – 4PM**

**FREE LUNCHTIME MEAL**  
**PLEASE BRING YOUR OWN WATER/DRINKS BOTTLE**

CHILDREN MUST BE REGISTERED AND NEW USERS MUST ATTEND AN INDUCTION VISIT WHICH CAN BE BOOKED AT  
**MANAGER@GWEALANTOPS.ORG**