

## PSHE Curriculum 2024/2025



	Autumn	Spring	Summer
Maple-EYFS	PENGUNPIG Families/Friendships/Feelings/People who help us		
Rowan Y1	Emergencies and getting help People who care for us Showing respect  Lin McLengling Puly Deplar The Longer the Wait, the Bigger the Hug	Healthy friendships Our bodies and boundaries NSPCC PANTS Healthy food choices	Feelings Managing our time safely online
Sycamore Y2	Respecting Uniqueness Our communities Everyday Safety Basic First Aid Perfect Fitt	Learning about work Horrible Hands Online interactions and information sharing	Big Feelings Keeping our Teeth clean
Birch Y3/4	What makes a good friend? Respecting others Resolving conflict Everyday safety  Smeds ** 5 mos	Money choices Volunteering and citizenship Online safety Keeping personal information private	Managing feelings Strategies to support wellbeing The environment Sun Safety THILF





## PSHE Curriculum 2024/2025



Oak Y4/5	A diverse community	Nutrition and Healthy Eating	Puberty - bodies and reproduction
	Respectful relationships	Online safety	Puberty – body changes (Year 5
	Nutrition and Healthy Eating	Mental health and keeping well	only)
	IS BADOS	THEF & Goldi locks Dot	Managing challenge and change
	CER		Risk and peer pressure
Cherry Y6	Different types of families	Spending decisions	Social Media
•	Healthy/Harmful relationships,	Exploring risk in relation to	SRE
	Keeping your body safe	gambling	Feelings and anxieties when
	Consent	Online friendships and keeping	changing schools
	atar pit din Pian a	safe  TECHNOLOGY  STINKS  TECHNOLOGY	Tad and the table to table to the table to ta

Our Culture of the Heart lessons will be ongoing and will form part of our PSHE curriculum

